

GENERAL HEALTH EVALUATION FORM AT BEGINNING OF TREHALOSE NUTRITIONAL PILOT SURVEY:

Complete the checklist and fax, scan & e-mail, or mail to The Endowment for Medical Research

#1

#1 BASELINE REPORT is to be completed at the beginning of the Six Month Pilot Survey

Name: _____ My health challenge is: **DIABETES.** Date: _____

Address: _____ City: _____ State: _____ Zip: _____ Phone: _____

FAX: _____ Additional phone(s): _____ Cell phone: _____ e-mail: _____

Diabetes BASELINE mild; serious; more serious; very serious: baseline reading: _____

- GENERAL HEALTH CONDITION**
- Overweight
 - Need muscle toning
 - Waist is _____ inches.
 - Low energy level
 - Aging faster than desired.
 - Have hot flashes
 - Have insomnia
 - Do not sleep as well as desired.
 - Have serious aches & pains
 - Have mild aches & pains
 - Retain fluid

- BEAUTY CONDITIONS**
- Desire to improve appearance
 - Have serious blemishes
 - Have mild blemishes
 - Acne
 - Wrinkles
 - Hair not healthy
 - Serious dandruff
 - Mild dandruff
 - Psoriasis
 - Scars
 - Skin tone need improvement
 - Large pores

- NERVOUS SYSTEM (related)**
- PMS
 - Menopause
 - Stress is a challenge
 - Fatigued
 - Skin itching
 - Skin rash
 - Crave sugar
 - Smoking crave
 - Crave food
 - Serious depression
 - Mild depression

- Mood swings
- Irritable
- Anxiety
- Hyperactive
- Unable to cope

- SEX LIFE (if applicable)**
- Impotency
 - Infertility
 - Sex life weak
 - Yeast infection

- CIRCULATORY**
- High blood pressure
 - Varicose veins
 - Feet/hands cold
 - High bad cholesterol
 - Light headed

- MAJOR CHALLENGES**
- Diabetes reading _____
 - Liver problems
 - White cell count _____
 - Anemia
 - Fibromyalgia
 - Vision poor
 - Floaters in eyes
 - Tumor(s)
 - Osteoporosis
 - Heart problems
 - Arthritis
 - Chronic Fatigue Syndrome
 - Multiple Sclerosis

- IMMUNE SYSTEM**
- Infections
 - Colds and/or flu
 - Allergies

- Inflammation
- Sore throat
- Sinus congestion
- Cysts, Tumors
- Bronchial congestion
- Migraine headaches serious
- Migraine headaches mild

- DIGESTIVE SYSTEM**
- Ulcers
 - Heart burn serious
 - Heart burn mild
 - Acid indigestion serious
 - Acid indigestion mild
 - Constipation serious
 - Constipation mild
 - Diarrhea serious
 - Diarrhea mild
 - Upset stomach serious
 - Upset stomach mild
 - Candida (yeast) serious
 - Candida mild

- OTHER HEALTH CHALLENGES**
- _____

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GENERAL HEALTH EVALUATION FORM FOR TREHALOSE NUTRITIONAL PILOT SURVEY: #2

Complete the checklist and fax, scan & e-mail, or mail to The Endowment for Medical Research

#2 is to be completed at the end of the first month of the Six Month Pilot Survey

Name: _____ My health challenge is: **DIABETES.** Date: _____

Address: _____ City: _____ State: _____ Zip: _____ Phone: _____

FAX: _____ Additional phone(s): _____ Cell phone: _____ e-mail: _____

Diabetes mild; serious; more serious; very serious: reading information:

GENERAL HEALTH BENEFITS

- Fat loss
- Muscle toning
- Lost _____ inches in waist
- Higher energy
- Evidence of less aging
- Hot flashes gone
- Overcome insomnia
- Improved sleep
- Aches & pains reduced
- Aches & pains gone
- Fluid loss

BEAUTY BENEFITS

- Improved appearance
- Blemishes reduced
- Blemishes disappeared
- Acne improved
- Wrinkles leaving
- Hair healthier
- Dandruff reduced
- Dandruff gone
- Psoriasis improved
- Scars disappearing
- Skin tones improved
- Large pores are better

NERVOUS SYSTEM (related)

- PMS helped
- Menopause relief
- Handle stress better
- Less fatigued
- Skin itching less
- Skin rash gone
- Less sugar craving
- Less smoking craving
- Less food craving
- Depression reduced
- Overcame depression
- Mood swings better

- Less irritable
- Less anxiety
- Not as hyperactive
- Better able to cope

SEX LIFE (if applicable)

- Impotence reversed
- Infertility reversed
- Improved sex life
- Yeast infection gone

CIRCULATORY

- Lower blood pressure
- Varicose veins better
- Feet/hands warmer
- Lower bad cholesterol from _____ to _____
- Not as light headed

MAJOR BENEFITS

- Diabetes helped from _____ to _____
- Liver problems helped
- White cell count went from _____ to _____ in _____ period of time.
- Anemia helped
- Fibromyalgia helped
- Vision improved
- Floaters in eyes improved
- Tumor(s) reduced
- Tumor(s) gone
- Osteoporosis improved
- Heart problems better
- Arthritis improved
- Chronic Fatigue Syndrome improved
- Multiple Sclerosis better

IMMUNE SYSTEM

- Infections disappearing
- Less colds and/or flu

- Allergies improved
- Inflammation gone
- Less sore throat
- Sinus congestion gone
- Cysts, Tumors gone
- Bronchial congestion improved
- Migraine headaches improved
- Migraine headaches gone

DIGESTIVE SYSTEM

- Ulcers improved
- Heart burn helped
- Heart burn gone
- Acid indigestion helped
- Acid indigestion gone
- Constipation better
- No constipation now
- Diarrhea helped
- Diarrhea gone
- Upset stomach improved
- No upset stomach now
- Candida (yeast) improved
- Candida gone

OTHER BENEFITS

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GENERAL HEALTH EVALUATION FORM FOR TREHALOSE NUTRITIONAL PILOT SURVEY: #3

Complete the checklist and fax, scan & e-mail, or mail to The Endowment for Medical Research

#3 is to be completed at the end of the second month of the Six Month Pilot Survey

Name: _____ My health challenge is: **DIABETES.** Date: _____

Address: _____ City: _____ State: _____ Zip: _____ Phone: _____

FAX: _____ Additional phone(s): _____ Cell phone: _____ e-mail: _____

Diabetes mild; serious; more serious; very serious: reading information:

GENERAL HEALTH BENEFITS

- Fat loss
- Muscle toning
- Lost _____ inches in waist
- Higher energy
- Evidence of less aging
- Hot flashes gone
- Overcome insomnia
- Improved sleep
- Aches & pains reduced
- Aches & pains gone
- Fluid loss

BEAUTY BENEFITS

- Improved appearance
- Blemishes reduced
- Blemishes disappeared
- Acne improved
- Wrinkles leaving
- Hair healthier
- Dandruff reduced
- Dandruff gone
- Psoriasis improved
- Scars disappearing
- Skin tones improved
- Large pores are better

NERVOUS SYSTEM (related)

- PMS helped
- Menopause relief
- Handle stress better
- Less fatigued
- Skin itching less
- Skin rash gone
- Less sugar craving
- Less smoking craving
- Less food craving
- Depression reduced
- Overcame depression
- Mood swings better

- Less irritable
- Less anxiety
- Not as hyperactive
- Better able to cope

SEX LIFE (if applicable)

- Impotence reversed
- Infertility reversed
- Improved sex life
- Yeast infection gone

CIRCULATORY

- Lower blood pressure
- Varicose veins better
- Feet/hands warmer
- Lower bad cholesterol from _____ to _____
- Not as light headed

MAJOR BENEFITS

- Diabetes helped from _____ to _____
- Liver problems helped
- White cell count went from _____ to _____ in _____ period of time.
- Anemia helped
- Fibromyalgia helped
- Vision improved
- Floaters in eyes improved
- Tumor(s) reduced
- Tumor(s) gone
- Osteoporosis improved
- Heart problems better
- Arthritis improved
- Chronic Fatigue Syndrome improved
- Multiple Sclerosis better

IMMUNE SYSTEM

- Infections disappearing
- Less colds and/or flu

- Allergies improved
- Inflammation gone
- Less sore throat
- Sinus congestion gone
- Cysts, Tumors gone
- Bronchial congestion improved
- Migraine headaches improved
- Migraine headaches gone

DIGESTIVE SYSTEM

- Ulcers improved
- Heart burn helped
- Heart burn gone
- Acid indigestion helped
- Acid indigestion gone
- Constipation better
- No constipation now
- Diarrhea helped
- Diarrhea gone
- Upset stomach improved
- No upset stomach now
- Candida (yeast) improved
- Candida gone

OTHER BENEFITS

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GENERAL HEALTH EVALUATION FORM FOR TREHALOSE NUTRITIONAL PILOT SURVEY: #4

Complete the checklist and fax, scan & e-mail, or mail to The Endowment for Medical Research

#4 is to be completed at the end of the third month of the Six Month Pilot Survey

Name: _____ My health challenge is: **DIABETES.** Date: _____

Address: _____ City: _____ State: _____ Zip: _____ Phone: _____

FAX: _____ Additional phone(s): _____ Cell phone: _____ e-mail: _____

Diabetes mild; serious; more serious; very serious: reading information:

GENERAL HEALTH BENEFITS

- Fat loss
- Muscle toning
- Lost _____ inches in waist
- Higher energy
- Evidence of less aging
- Hot flashes gone
- Overcome insomnia
- Improved sleep
- Aches & pains reduced
- Aches & pains gone
- Fluid loss

BEAUTY BENEFITS

- Improved appearance
- Blemishes reduced
- Blemishes disappeared
- Acne improved
- Wrinkles leaving
- Hair healthier
- Dandruff reduced
- Dandruff gone
- Psoriasis improved
- Scars disappearing
- Skin tones improved
- Large pores are better

NERVOUS SYSTEM (related)

- PMS helped
- Menopause relief
- Handle stress better
- Less fatigued
- Skin itching less
- Skin rash gone
- Less sugar craving
- Less smoking craving
- Less food craving
- Depression reduced
- Overcame depression
- Mood swings better

- Less irritable
- Less anxiety
- Not as hyperactive
- Better able to cope

SEX LIFE (if applicable)

- Impotence reversed
- Infertility reversed
- Improved sex life
- Yeast infection gone

CIRCULATORY

- Lower blood pressure
- Varicose veins better
- Feet/hands warmer
- Lower bad cholesterol from _____ to _____
- Not as light headed

MAJOR BENEFITS

- Diabetes helped from _____ to _____
- Liver problems helped
- White cell count went from _____ to _____ in _____ period of time.
- Anemia helped
- Fibromyalgia helped
- Vision improved
- Floaters in eyes improved
- Tumor(s) reduced
- Tumor(s) gone
- Osteoporosis improved
- Heart problems better
- Arthritis improved
- Chronic Fatigue Syndrome improved
- Multiple Sclerosis better

IMMUNE SYSTEM

- Infections disappearing
- Less colds and/or flu

- Allergies improved
- Inflammation gone
- Less sore throat
- Sinus congestion gone
- Cysts, Tumors gone
- Bronchial congestion improved
- Migraine headaches improved
- Migraine headaches gone

DIGESTIVE SYSTEM

- Ulcers improved
- Heart burn helped
- Heart burn gone
- Acid indigestion helped
- Acid indigestion gone
- Constipation better
- No constipation now
- Diarrhea helped
- Diarrhea gone
- Upset stomach improved
- No upset stomach now
- Candida (yeast) improved
- Candida gone

OTHER BENEFITS

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GENERAL HEALTH EVALUATION FORM FOR TREHALOSE NUTRITIONAL PILOT SURVEY: #5

Complete the checklist and fax, scan & e-mail, or mail to The Endowment for Medical Research

#5 is to be completed at the end of the fourth month of the Six Month Pilot Survey

Name: _____ My health challenge is: **DIABETES.** Date: _____

Address: _____ City: _____ State: _____ Zip: _____ Phone: _____

FAX: _____ Additional phone(s): _____ Cell phone: _____ e-mail: _____

Diabetes mild; serious; more serious; very serious: reading information:

GENERAL HEALTH BENEFITS

- Fat loss
- Muscle toning
- Lost _____ inches in waist
- Higher energy
- Evidence of less aging
- Hot flashes gone
- Overcome insomnia
- Improved sleep
- Aches & pains reduced
- Aches & pains gone
- Fluid loss

BEAUTY BENEFITS

- Improved appearance
- Blemishes reduced
- Blemishes disappeared
- Acne improved
- Wrinkles leaving
- Hair healthier
- Dandruff reduced
- Dandruff gone
- Psoriasis improved
- Scars disappearing
- Skin tones improved
- Large pores are better

NERVOUS SYSTEM (related)

- PMS helped
- Menopause relief
- Handle stress better
- Less fatigued
- Skin itching less
- Skin rash gone
- Less sugar craving
- Less smoking craving
- Less food craving
- Depression reduced
- Overcame depression
- Mood swings better

- Less irritable
- Less anxiety
- Not as hyperactive
- Better able to cope

SEX LIFE (if applicable)

- Impotence reversed
- Infertility reversed
- Improved sex life
- Yeast infection gone

CIRCULATORY

- Lower blood pressure
- Varicose veins better
- Feet/hands warmer
- Lower bad cholesterol from _____ to _____
- Not as light headed

MAJOR BENEFITS

- Diabetes helped from _____ to _____
- Liver problems helped
- White cell count went from _____ to _____ in _____ period of time.
- Anemia helped
- Fibromyalgia helped
- Vision improved
- Floaters in eyes improved
- Tumor(s) reduced
- Tumor(s) gone
- Osteoporosis improved
- Heart problems better
- Arthritis improved
- Chronic Fatigue Syndrome improved
- Multiple Sclerosis better

IMMUNE SYSTEM

- Infections disappearing
- Less colds and/or flu

- Allergies improved
- Inflammation gone
- Less sore throat
- Sinus congestion gone
- Cysts, Tumors gone
- Bronchial congestion improved
- Migraine headaches improved
- Migraine headaches gone

DIGESTIVE SYSTEM

- Ulcers improved
- Heart burn helped
- Heart burn gone
- Acid indigestion helped
- Acid indigestion gone
- Constipation better
- No constipation now
- Diarrhea helped
- Diarrhea gone
- Upset stomach improved
- No upset stomach now
- Candida (yeast) improved
- Candida gone

OTHER BENEFITS

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GENERAL HEALTH EVALUATION FORM FOR TREHALOSE NUTRITIONAL PILOT SURVEY: #6

Complete the checklist and fax, scan & e-mail, or mail to The Endowment for Medical Research

#6 is to be completed at the end of the fifth month of the Six Month Pilot Survey

Name: _____ My health challenge is: **DIABETES.** Date: _____

Address: _____ City: _____ State: _____ Zip: _____ Phone: _____

FAX: _____ Additional phone(s): _____ Cell phone: _____ e-mail: _____

Diabetes mild; serious; more serious; very serious: reading information:

GENERAL HEALTH BENEFITS

- Fat loss
- Muscle toning
- Lost _____ inches in waist
- Higher energy
- Evidence of less aging
- Hot flashes gone
- Overcome insomnia
- Improved sleep
- Aches & pains reduced
- Aches & pains gone
- Fluid loss

BEAUTY BENEFITS

- Improved appearance
- Blemishes reduced
- Blemishes disappeared
- Acne improved
- Wrinkles leaving
- Hair healthier
- Dandruff reduced
- Dandruff gone
- Psoriasis improved
- Scars disappearing
- Skin tones improved
- Large pores are better

NERVOUS SYSTEM (related)

- PMS helped
- Menopause relief
- Handle stress better
- Less fatigued
- Skin itching less
- Skin rash gone
- Less sugar craving
- Less smoking craving
- Less food craving
- Depression reduced
- Overcame depression
- Mood swings better

- Less irritable
- Less anxiety
- Not as hyperactive
- Better able to cope

SEX LIFE (if applicable)

- Impotence reversed
- Infertility reversed
- Improved sex life
- Yeast infection gone

CIRCULATORY

- Lower blood pressure
- Varicose veins better
- Feet/hands warmer
- Lower bad cholesterol from _____ to _____
- Not as light headed

MAJOR BENEFITS

- Diabetes helped from _____ to _____
- Liver problems helped
- White cell count went from _____ to _____ in _____ period of time.
- Anemia helped
- Fibromyalgia helped
- Vision improved
- Floaters in eyes improved
- Tumor(s) reduced
- Tumor(s) gone
- Osteoporosis improved
- Heart problems better
- Arthritis improved
- Chronic Fatigue Syndrome improved
- Multiple Sclerosis better

IMMUNE SYSTEM

- Infections disappearing
- Less colds and/or flu

- Allergies improved
- Inflammation gone
- Less sore throat
- Sinus congestion gone
- Cysts, Tumors gone
- Bronchial congestion improved
- Migraine headaches improved
- Migraine headaches gone

DIGESTIVE SYSTEM

- Ulcers improved
- Heart burn helped
- Heart burn gone
- Acid indigestion helped
- Acid indigestion gone
- Constipation better
- No constipation now
- Diarrhea helped
- Diarrhea gone
- Upset stomach improved
- No upset stomach now
- Candida (yeast) improved
- Candida gone

OTHER BENEFITS

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GENERAL HEALTH EVALUATION FORM FOR TREHALOSE NUTRITIONAL PILOT SURVEY: #7

Complete the checklist and fax, scan & e-mail, or mail to The Endowment for Medical Research

#7 is to be completed at the end of the sixth month of the Six Month Pilot Survey

Name: _____ My health challenge is: **DIABETES.** Date: _____

Address: _____ City: _____ State: _____ Zip: _____ Phone: _____

FAX: _____ Additional phone(s): _____ Cell phone: _____ e-mail: _____

Diabetes mild; serious; more serious; very serious: reading information:

GENERAL HEALTH BENEFITS

- Fat loss
- Muscle toning
- Lost _____ inches in waist
- Higher energy
- Evidence of less aging
- Hot flashes gone
- Overcome insomnia
- Improved sleep
- Aches & pains reduced
- Aches & pains gone
- Fluid loss

BEAUTY BENEFITS

- Improved appearance
- Blemishes reduced
- Blemishes disappeared
- Acne improved
- Wrinkles leaving
- Hair healthier
- Dandruff reduced
- Dandruff gone
- Psoriasis improved
- Scars disappearing
- Skin tones improved
- Large pores are better

NERVOUS SYSTEM (related)

- PMS helped
- Menopause relief
- Handle stress better
- Less fatigued
- Skin itching less
- Skin rash gone
- Less sugar craving
- Less smoking craving
- Less food craving
- Depression reduced
- Overcame depression
- Mood swings better

- Less irritable
- Less anxiety
- Not as hyperactive
- Better able to cope

SEX LIFE (if applicable)

- Impotence reversed
- Infertility reversed
- Improved sex life
- Yeast infection gone

CIRCULATORY

- Lower blood pressure
- Varicose veins better
- Feet/hands warmer
- Lower bad cholesterol from _____ to _____
- Not as light headed

MAJOR BENEFITS

- Diabetes helped from _____ to _____
- Liver problems helped
- White cell count went from _____ to _____ in _____ period of time.
- Anemia helped
- Fibromyalgia helped
- Vision improved
- Floaters in eyes improved
- Tumor(s) reduced
- Tumor(s) gone
- Osteoporosis improved
- Heart problems better
- Arthritis improved
- Chronic Fatigue Syndrome improved
- Multiple Sclerosis better

IMMUNE SYSTEM

- Infections disappearing
- Less colds and/or flu

- Allergies improved
- Inflammation gone
- Less sore throat
- Sinus congestion gone
- Cysts, Tumors gone
- Bronchial congestion improved
- Migraine headaches improved
- Migraine headaches gone

DIGESTIVE SYSTEM

- Ulcers improved
- Heart burn helped
- Heart burn gone
- Acid indigestion helped
- Acid indigestion gone
- Constipation better
- No constipation now
- Diarrhea helped
- Diarrhea gone
- Upset stomach improved
- No upset stomach now
- Candida (yeast) improved
- Candida gone

OTHER BENEFITS

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