GENERAL HEALTH EVALUATION FORM AT BEGINNING OF TREHALOSE NUTRITIONAL PILOT SURVEY:

Complete the checklist and fax, scan & e-mail, or mail to The Endowment for Medical Research #1 #1 BASELINE REPORT is to be completed at the beginning of the Six Month Pilot Survey

Name:	My hea	lth challenge is:		Date:	
Address:	City:	State:	Zip:	Phone:	
FAX: Additional phone	(s): 0	Cell phone:		e-mail:	
BASELINE (my main	n health challenge is	۶ <u> </u>		🗆 none;	
🗆 mild; 🖵 serious	s; 🖵 more s	erious	; 🖵 vei	ry serious	
GENERAL HEALTH CONDITION	General Mood swings		-	ammation	
□ Overweight	☐ Irritable		🖵 Sore	e throat	
□ Need muscle toning	□ Anxiety		🖵 Sinu	is congestion	
U Waist is inches.	Hyperactive			ts, Tumors	
Low energy level	Unable to cope		-	nchial congestion	
Aging faster than desired.	SEX LIFE (if a	pplicable)		raine headaches serious	
□ Have hot flashes	□ Impotency			raine headaches mild	
□ Have insomnia	□ Infertility		0	DIGESTIVE SYSTEM	
Do not sleep as well as desired.	Sex life weak		🖵 Ulce		
Have serious aches & pains	Yeast infection		🖵 Hear	rt burn serious	
□ Have mild aches & pains	CIRCULA	TORY	Hear	rt burn mild	
□ Retain fluid	High blood press			l indigestion serious	
BEAUTY CONDITIONS	□ Varicose veins			l indigestion mild	
Desire to improve appearance	□ Feet/hands cold			stipation serious	
□ Have serious blemishes	□ High bad choleste	erol		stipation mild	
□ Have mild blemishes	Light headed			rhea serious	
□ Acne	8			rhea mild	
□ Wrinkles	MAJOR CHAI	LLENGES		et stomach serious	
□ Hair not healthy	Diabetes reading		-	et stomach mild	
□ Serious dandruff	Liver problems		-	dida (yeast) serious	
□ Mild dandruff	□ White cell count			dida mild	
□ Psoriasis	\Box Anemia	<u> </u>	Отн	ER HEALTH CHALLENGES	
□ Scars	☐ Fibromyalgia				
□ Skin tone need improvement	□ Vision poor				
□ Large pores	☐ Floaters in eyes				
NERVOUS SYSTEM (related)	\Box Tumor(s)				
□ PMS	□ Osteoporosis				
□ Menopause	Heart problems		THE ENDO	OWMENT FOR MEDICAL RESEARCH IS A 501	
□ Stress is a challenge	Arthritis) NON-PROFIT FAITH BASED SCIENTIFIC ARCH, EDUCATIONAL PUBLIC CHARITY.	
□ Fatigued	Chronic Fatigue			Box 73089 • Houston, Texas 77273	
Skin itching	Syndrome			-2020 • FAX 281-397-6789 • IRS Non-	
□ Skin rash	☐ Multiple Sclerosi	c		lical Research and Educational Research	
Crave sugar		6	w	rebsite: www.EndowmentMed.org	
Smoking crave	IMMUNE S	VSTEM	FAX	X THIS FORM TO 281-397-6789	
Crave food	IMMUNE S	1 5 1 E IVI		or	
□ Serious depression	\Box Colds and/or flu		scan &	e-mail to Reports@endowmentmed.org	
□ Mild depression	Allergies			05/07/08pm	
	Anergies				

Complete the checklist and fax, scan & e-mail, or mail to The Endowment for Medical Research

#2 is to be completed at the <u>end</u> of the first month of the Six Month Pilot Survey

Name:	My health challenge is:			Date:		
Address:	City:	City: State: Z		p: Phone:		
FAX: Additional phon	e(s): C): Cell phone:		e-mail:		
(My main health challenge is _				none; 🖵 milo	l;	
🗆 serious; 🖵 mor	·e serious; 🗆	very	serio	us		
General Health Benefits	Less irritable	v		lergies improved		
□ Fat loss	Less anxiety		🖵 In	flammation gone		
□ Muscle toning	Not as hyperactive		🗅 Le	Less sore throat		
Lost inches in waist	Better able to cope		🖵 Si	Sinus congestion gone		
□ Higher energy	SEX LIFE (if ap	plicable)		sts, Tumors gone		
Evidence of less aging	☐ Impotence reversed		🖵 Br	onchial congestion		
□ Hot flashes gone	☐ Infertility reversed		im	proved		
Overcome insomnia	☐ Improved sex life			igraine headaches		
□ Improved sleep	☐ Yeast infection gon	e	in	nproved		
Aches & pains reduced	CIRCULATO		□ M	igraine headaches gone		
Aches & pains gone	Lower blood pressu			DIGESTIVE SYSTEM		
□ Fluid loss	□ Varicose veins bett		🖵 Ul	cers improved		
BEAUTY BENEFITS	□ Feet/hands warmer			eart burn helped		
□ Improved appearance	Lower bad choleste	rol		eart burn gone		
□ Blemishes reduced	from to			cid indigestion helped		
Blemishes disappeared		□ Not as light headed		cid indigestion gone		
Acne improved	Major Beni			onstipation better		
U Wrinkles leaving	Diabetes helped			o constipation now		
□ Hair healthier	1	from to		Diarrhea helped		
Dandruff reduced	Liver problems help			Diarrhea gone		
□ Dandruff gone	□ White cell count we			Upset stomach improved		
□ Psoriasis improved	from to			o upset stomach now		
□ Scars disappearing	period			andida (yeast) improved		
Skin tones improved	Anemia helped			undida gone		
Large pores are better	☐ Fibromyalgia helpe	d		OTHER BENEFITS		
NERVOUS SYSTEM (related)	□ Vision improved					
□ PMS helped	□ Floaters in eyes im	proved				
☐ Menopause relief	□ Tumor(s) reduced					
Handle stress better	Tumor(s) gone			NDOWMENT FOR MEDICAL RESEARCH IS		
Less fatigued	□ Osteoporosis impro	oved)(3) NON-PROFIT FAITH BASED SCIENTIFI SEARCH, EDUCATIONAL PUBLIC CHARITY		
Skin itching less	Heart problems bet		Р.	O. Box 73089 • Houston, Texas 7727.	3	
Skin rash gone	Arthritis improved			87-2020 • FAX 281-397-6789 • IRS 1 Fax ID # 54-2073489 • DUNS # 14013		
Less sugar craving	Chronic Fatigue			Iedical Research and Educational Resea		
Less smoking craving	Syndrome improve	ed		website: www.EndowmentMed.org		
Less food craving	☐ Multiple Sclerosis I		I	FAX THIS FORM TO 281-397-6789		
Depression reduced	IMMUNE SYS		scan	or & e-mail to Reports@endowmentmed.	org	
• Overcame depression	□ Infections disappea			1 🗸	0	
□ Mood swings better	Less colds and/or f	-				

Complete the checklist and fax, scan & e-mail, or mail to The Endowment for Medical Research #3 is to be completed at the end of the second month of the Six Month Pilot Survey

Name:	My health challes	nge is:	Date:		
Address:	City: Stat	e: Zip: _	Phone:		
FAX: Additional phone(s):	Cell phon	e:	e-mail:		
(My main health challenge is			□ none; □ mild;		
□ serious; □ more	serious; 🗆 ve	ery ser	rious		
GENERAL HEALTH BENEFITS	Less irritable	v	□ Allergies improved		
□ Fat loss	Less anxiety		□ Inflammation gone		
□ Muscle toning	□ Not as hyperactive		Less sore throat		
Lost inches in waist	Better able to cope		Sinus congestion gone		
Higher energy	SEX LIFE (if applicable		Cysts, Tumors gone		
Evidence of less aging	☐ Impotence reversed	/	□ Bronchial congestion		
□ Hot flashes gone	□ Infertility reversed		improved		
• Overcome insomnia	☐ Improved sex life		□ Migraine headaches		
□ Improved sleep	□ Yeast infection gone		improved		
Aches & pains reduced	CIRCULATORY		Migraine headaches gone		
Aches & pains gone	Lower blood pressure		D IGESTIVE SYSTEM		
□ Fluid loss	□ Varicose veins better		Ulcers improved		
BEAUTY BENEFITS	□ Feet/hands warmer		Heart burn helped		
□ Improved appearance	Lower bad cholesterol		Heart burn gone		
Blemishes reduced	from to		Acid indigestion helped		
Blemishes disappeared	□ Not as light headed		Acid indigestion gone		
□ Acne improved	MAJOR BENEFITS		Constipation better		
□ Wrinkles leaving	Diabetes helped		No constipation now		
□ Hair healthier	from to		Diarrhea helped		
Dandruff reduced	Liver problems helped		Diarrhea gone		
Dandruff gone	U White cell count went		Upset stomach improved		
Psoriasis improved	from to i		No upset stomach now		
□ Scars disappearing	period of time	e .	Candida (yeast) improved		
Skin tones improved	Anemia helped		Candida gone		
Large pores are better	Fibromyalgia helped		OTHER BENEFITS		
NERVOUS SYSTEM (related)	Vision improved		•		
□ PMS helped	□ Floaters in eyes improved	1			
Menopause relief	□ Tumor(s) reduced				
□ Handle stress better	☐ Tumor(s) gone				
Less fatigued	Osteoporosis improved				
Skin itching less	Heart problems better		The Endowment for Medical Research is a 501 (c)(3) Non-profit faith based scientific		
Skin rash gone	Arthritis improved		RESEARCH, EDUCATIONAL PUBLIC CHARITY.		
Less sugar craving	Chronic Fatigue		P. O. Box 73089 • Houston, Texas 77273 281-587-2020 • FAX 281-397-6789 • IRS Non-		
Less smoking craving	Syndrome improved		Profit Tax ID # 54-2073489 • DUNS # 140133815		
Less food craving	Multiple Sclerosis better		for Medical Research and Educational Research website: www.EndowmentMed.org		
Depression reduced	IMMUNE SYSTEM		EAN THIS FORM TO 201 207 4700		
Overcame depression	□ Infections disappearing		FAX THIS FORM TO 281-397-6789 or		
□ Mood swings better	Less colds and/or flu		scan & e-mail to Reports@endowmentmed.org		

Complete the checklist and fax, scan & e-mail, or mail to The Endowment for Medical Research

#4 is to be completed at the end of the third month of the Six Month Pilot Survey

Name:	My health challenge is:			Date:		
Address:	City: State:		Zip:	Phone:		
FAX: Additional phone(s	Additional phone(s):			e-mail:		
(My main health challenge is				none; 🖵 mild;		
🗆 serious; 🖵 more						
GENERAL HEALTH BENEFITS	Less irritable	·		Allergies improved		
□ Fat loss	Less anxiety		🖵 I	nflammation gone		
□ Muscle toning	□ Not as hypera	□ Not as hyperactive		Less sore throat		
Lost inches in waist	Better able to	Better able to cope		Sinus congestion gone		
Higher energy		(if applicable)		Cysts, Tumors gone		
Evidence of less aging	□ Impotence rev			Bronchial congestion		
☐ Hot flashes gone	☐ Infertility reve			mproved		
• Overcome insomnia	☐ Improved sex			Aigraine headaches		
□ Improved sleep	☐ Yeast infectio			improved		
Aches & pains reduced		JLATORY		Aigraine headaches gone		
Aches & pains gone	Lower blood			DIGESTIVE SYSTEM		
□ Fluid loss		□ Varicose veins better		Jlcers improved		
BEAUTY BENEFITS	□ Feet/hands warmer			Heart burn helped		
□ Improved appearance	Lower bad cholesterol			Heart burn gone		
□ Blemishes reduced	from to			Acid indigestion helped		
Blemishes disappeared	□ Not as light he			Acid indigestion gone		
□ Acne improved	MAJOR BENEFITS			Constipation better		
U Wrinkles leaving	Diabetes helped			No constipation now		
□ Hair healthier	-	from to		Diarrhea helped		
Dandruff reduced	Liver problem			Diarrhea gone		
Dandruff gone	□ White cell cou			Jpset stomach improved		
□ Psoriasis improved				No upset stomach now		
□ Scars disappearing	10	from to in period of time.		Candida (yeast) improved		
Skin tones improved	I	Anemia helped		Candida gone		
Large pores are better	☐ Fibromyalgia			OTHER BENEFITS		
NERVOUS SYSTEM (related)	□ Vision improv	-				
□ PMS helped	□ Floaters in eye		-			
☐ Menopause relief	Tumor(s) redu	-				
Handle stress better	Tumor(s) gon					
Less fatigued	□ Osteoporosis					
Skin itching less	Heart problem	-		ENDOWMENT FOR MEDICAL RESEARCH IS A 501		
Skin rash gone	Arthritis impr			(C)(3) NON-PROFIT FAITH BASED SCIENTIFIC RESEARCH, EDUCATIONAL PUBLIC CHARITY.		
Less sugar craving	Chronic Fatig			P. O. Box 73089 • Houston, Texas 77273		
Less smoking craving	Syndrome im			-587-2020 • FAX 281-397-6789 • IRS Non- it Tax ID # 54-2073489 • DUNS # 140133815		
Less food craving	G Multiple Scler	-		Medical Research and Educational Research		
Depression reduced		e System		website: www.EndowmentMed.org		
• Overcame depression	□ Infections disa			FAX THIS FORM TO 281-397-6789		
□ Mood swings better	Less colds and/or flu		sc	or an & e-mail to Reports@endowmentmed.org		

Complete the checklist and fax, scan & e-mail, or mail to The Endowment for Medical Research **#5 is to be completed at the end of the fourth month of the Six Month Pilot Survey**

Name:	My healt	th challenge is:	D;	ate:		
Address:	City:	State: Zi	p: Phone:			
FAX: Additional phone	(s): C	ell phone:	e-mail:			
(My main health challenge is _			_ 🗆 none;	\Box mild;		
□ serious; □ mor	e serious; 🗆	l very se	erious			
General Health Benefits	Less irritable	U	Allergies improved	oved		
□ Fat loss	Less anxiety		□ Inflammation g			
□ Muscle toning	□ Not as hyperactive	•		Less sore throat		
Lost inches in waist	Better able to cope		□ Sinus congestio	on gone		
Higher energy	SEX LIFE (if ap		Cysts, Tumors	-		
Evidence of less aging	□ Impotence reverse	-	Bronchial cong	-		
□ Hot flashes gone	□ Infertility reversed		improved	, 		
• Overcome insomnia	□ Improved sex life		☐ Migraine heada	aches		
□ Improved sleep	□ Yeast infection go	ne	improved			
Aches & pains reduced	CIRCULAT		☐ Migraine heada	aches gone		
Aches & pains gone	Lower blood press			E SYSTEM		
□ Fluid loss	□ Varicose veins bet		Ulcers improve			
BEAUTY BENEFITS	□ Feet/hands warmer		Heart burn help			
□ Improved appearance	Lower bad cholest		Heart burn gon			
□ Blemishes reduced	from to		□ Acid indigestio			
 Blemishes disappeared 	□ Not as light header		Acid indigestio	_		
□ Acne improved		MAJOR BENEFITS		-		
□ Wrinkles leaving	Diabetes helped		□ Constipation be □ No constipation			
\Box Hair healthier		from to				
□ Dandruff reduced	Liver problems he		 Diarrhea helpe Diarrhea gone 			
□ Dandruff gone	□ White cell count w		Upset stomach	improved		
 Psoriasis improved 	from to		□ No upset stoma	_		
□ Scars disappearing		of time.	Candida (yeast			
□ Skin tones improved	Anemia helped	or time.	□ Candida gone) improved		
□ Large pores are better	□ Fibromyalgia help	ad		Benefits		
NERVOUS SYSTEM (related)	Uvision improved	cu		JEILEFTT5		
□ PMS helped	□ Floaters in eyes im	proved	Ч			
□ Menopause relief	Tumor(s) reduced	ipioved				
□ Handle stress better	\Box Tumor(s) reduced \Box Tumor(s) gone					
Less fatigued	 Osteoporosis impr 	roved				
□ Skin itching less	Heart problems be		THE ENDOWMENT FOR ME	EDICAL RESEARCH IS A 501		
□ Skin rash gone	Arthritis improved			AITH BASED SCIENTIFIC		
Less sugar craving	Chronic Fatigue	L		NAL PUBLIC CHARITY. Houston, Texas 77273		
Less sugar craving	Syndrome improv	ved	281-587-2020 • FAX 28	81-397-6789 • IRS Non-		
Less food craving	<u>U Multiple Sclerosis</u>			89 • DUNS # 140133815nd Educational Research		
 Depression reduced 				ndowmentMed.org		
□ Overcame depression	IMMUNE SY		FAX THIS FORM	TO 281-397-6789		
□ Mood swings better	□ Infections disapper	-	C	or		
	\Box Less colds and/or t	IIU	scan & e-mail to Repor	ts@endowmentmed.org		

Complete the checklist and fax, scan & e-mail, or mail to The Endowment for Medical Research **#6 is to be completed at the end of the fifth month of the Six Month Pilot Survey**

Name:	My health challenge is:	Date:
Address:	City: State:	Zip: Phone:
FAX: Additional phone(s):	Cell phone:	e-mail:
(My main health challenge is		🗆 none; 🗅 mild;
□ serious; □ more	serious; 🗆 very	serious
General Health Benefits	Less irritable	□ Allergies improved
□ Fat loss	Less anxiety	□ Inflammation gone
□ Muscle toning	□ Not as hyperactive	Less sore throat
Lost inches in waist	Better able to cope	Sinus congestion gone
☐ Higher energy	SEX LIFE (if applicable)	Cysts, Tumors gone
Evidence of less aging	□ Impotence reversed	Bronchial congestion
□ Hot flashes gone	□ Infertility reversed	improved
• Overcome insomnia	□ Improved sex life	☐ Migraine headaches
□ Improved sleep	□ Yeast infection gone	improved
Aches & pains reduced	CIRCULATORY	☐ Migraine headaches gone
Aches & pains gone	Lower blood pressure	DIGESTIVE SYSTEM
□ Fluid loss	□ Varicose veins better	Ulcers improved
B EAUTY B ENEFITS	□ Feet/hands warmer	Heart burn helped
□ Improved appearance	Lower bad cholesterol	Heart burn gone
□ Blemishes reduced	from to	Acid indigestion helped
Blemishes disappeared	□ Not as light headed	Acid indigestion gone
Acne improved	MAJOR BENEFITS	Constipation better
U Wrinkles leaving	Diabetes helped	No constipation now
Hair healthier	from to	Diarrhea helped
Dandruff reduced	Liver problems helped	Diarrhea gone
Dandruff gone	U White cell count went	Upset stomach improved
Psoriasis improved	from to in	□ No upset stomach now
□ Scars disappearing	period of time.	Candida (yeast) improved
Skin tones improved	Anemia helped	Candida gone
Large pores are better	Gibromyalgia helped	OTHER BENEFITS
NERVOUS SYSTEM (related)	Usion improved	•
□ PMS helped	□ Floaters in eyes improved	
☐ Menopause relief	Tumor(s) reduced	
Handle stress better	□ Tumor(s) gone	
Less fatigued	□ Osteoporosis improved	
□ Skin itching less	Heart problems better	THE ENDOWMENT FOR MEDICAL RESEARCH IS A 501
Skin rash gone	Arthritis improved	(C)(3) NON-PROFIT FAITH BASED SCIENTIFIC RESEARCH, EDUCATIONAL PUBLIC CHARITY.
Less sugar craving	Chronic Fatigue	P. O. Box 73089 • Houston, Texas 77273 281-587-2020 • FAX 281-397-6789 • IRS Non-
Less smoking craving	Syndrome improved	Profit Tax ID # 54-2073489 • DUNS # 140133815
Less food craving	Multiple Sclerosis better	for Medical Research and Educational Research website: www.EndowmentMed.org
Depression reduced	IMMUNE SYSTEM	website. www.Endowineitivied.org
Overcame depression	Infections disappearing	FAX THIS FORM TO 281-397-6789 or
□ Mood swings better	Less colds and/or flu	scan & e-mail to Reports@endowmentmed.org

Complete the checklist and fax, scan & e-mail, or mail to The Endowment for Medical Research

#7 is to be completed at the end of the sixth month of the Six Month Pilot Survey

Name:		My health challenge is:		Date:		
Address:	City:	State: Zip		Phone:		
FAX: Additional phone((s):	Cell phone:		e-mail:		
(My main health challenge is				∣ none; 🛛 mild;		
□ serious; □ mor	e seriou	s; 🗆 very	' serio	DUS		
General Health Benefits	Less irritab	•		Allergies improved		
□ Fat loss	Less anxiet	у		inflammation gone		
□ Muscle toning	🖵 Not as hype	eractive		Less sore throat		
Lost inches in waist	Better able			Sinus congestion gone		
Higher energy	Sex Li	FE (if applicable)		Cysts, Tumors gone		
Evidence of less aging	□ Impotence			Bronchial congestion		
□ Hot flashes gone	□ Infertility r			improved		
• Overcome insomnia	□ Improved s			Migraine headaches		
□ Improved sleep	Gast infec			improved		
Aches & pains reduced		CULATORY		Migraine headaches gone		
Aches & pains gone	Lower bloc			DIGESTIVE SYSTEM		
□ Fluid loss	U Varicose ve			Ulcers improved		
BEAUTY BENEFITS		□ Feet/hands warmer		Heart burn helped		
□ Improved appearance		Lower bad cholesterol		Heart burn gone		
□ Blemishes reduced	from to			Acid indigestion helped		
Blemishes disappeared	□ Not as light headed			Acid indigestion gone		
□ Acne improved	¥	Major Benefits		Constipation better		
U Wrinkles leaving		Diabetes helped		No constipation now		
□ Hair healthier		to		Diarrhea helped		
Dandruff reduced	Liver probl			Diarrhea gone		
Dandruff gone		☐ White cell count went		Upset stomach improved		
Psoriasis improved		from to in		No upset stomach now		
□ Scars disappearing		nariad of time		Candida (yeast) improved		
Skin tones improved		Anemia helped		Candida gone		
Large pores are better	🖵 Fibromyalg	1		OTHER BENEFITS		
NERVOUS SYSTEM (related)	Uvision imp					
□ PMS helped	-	eyes improved	-			
☐ Menopause relief	Tumor(s) r	• •				
Handle stress better	□ Tumor(s) g		The	ENDOWMENT FOR MEDICAL RESEARCH IS A 501 (C)(3) NON-PROFIT FAITH BASED SCIENTIFIC		
Less fatigued	□ Osteoporos			RESEARCH, EDUCATIONAL PUBLIC CHARITY.		
Skin itching less	Heart probl	-	281	P. O. Box 73089 • Houston, Texas 77273 -587-2020 • FAX 281-397-6789 • IRS Non-		
Skin rash gone	Arthritis in			it Tax ID $\#$ 54-2073489 • DUNS $\#$ 140133815		
Less sugar craving		Chronic Fatigue		r Medical Research and Educational Research website: www.EndowmentMed.org		
Less smoking craving	Syndrome	-				
Less food craving	☐ Multiple So	-		FAX THIS FORM TO 281-397-6789		
Depression reduced		UNE SYSTEM		or an & e-mail to <u>Reports@endowmentmed.org</u>		
□ Overcame depression	Infections of the section of the		50	the second		
□ Mood swings better	Less colds			To continue the study download the 8-13 Form		