

Instructions for the pH Fusion Tea Nutritional Pilot Survey

Thank you for requesting information about participation in the self funding pH Fusion Tea Nutritional Pilot Survey.

Agreement:

Reviewing and submitting the **Baseline Health Evaluation Forms** acknowledges agreement for participating in the **pH Fusion Tea Pilot Survey** and a commitment to complete an Evaluation Form every 30 days during the Six Month Period.

Download the General Health Evaluation Form:

http://www.endowmentmed.org/pdf/GHE_FORM_pH_Fusion_Tea.pdf

Directions:

The pH Fusion Tea is a dry powder and must NOT be eaten dry or mixed with anything except clean water. Never mix with juices. It is best to use 2 Tablespoons per day, but at least one heaping Tablespoon per day is needed for the study.

Mix 1 Tablespoon pH **Fusion Tea**[™] in 4 to 8 ounces of clean filtered hot or cold water. [Use 1 heaping Tablespoon for faster response with more or less water to suit taste.] Take between meals, first morning drink and/or last evening drink, or as directed by physician. The taste is slightly sweet with a pleasant soothing swallow. (Beneficial to hold in mouth for a minute before swallowing.) You may add another teaspoon of trehalose for a sweeter taste. Do not take more than ten (10) Tablespoons of pH **Fusion Tea**[™] **within a 24 hour period**, four (4) Tablespoons if you are over 60 years of age. Do not use the maximum amounts for more than two (2) weeks. It is recommended that your pH be monitored. You can monitor your saliva pH with a pH meter or pH strips. Saliva should test close to 7 pH.

More Information:

The pH factor of the liquid pH **Fusion Tea**[™] is 9.5 but may vary slightly due to the pH factor of the water used.